



Ryan Lilja, LG, Colts



Ryan Lilja, 2007 Super Bowl Champion, 6'2" and 290 lbs., looks forward to his second year with the Pro Football Camp. Ryan is a tough and nasty technician who sets the tempo for the Colts' offensive line. In 2004, his rookie NFL season, Ryan became a starter with the Colts. He hasn't looked back. He's been the starter protecting the 2007 Super Bowl MVP, Peyton Manning ever since. Ryan started 16 games in 2005 and helped his linemates produce 5,000+ net yards. The Colt line only surrendered a league-low of 20 sacks. Personable, approachable and unassuming, Ryan easily makes conversation and friends.

